

HahaHehe Challenge

In our busy lives we often use emojis to express our emotions and forget to be in the moment and laugh out loud. Let's rediscover the joy of a good hearty laugh.

Here's a chance to share a moment of laughter with your children – include your friends and pets too - and inspire others to be in the moment.

How the challenge works:

Click a picture or capture a 30 to 60-second video with your family laughing joyously

Post it on your social media handles

Tag #HahaHeheChallenge and #Gadgetfreehour

Nominate someone who would like to laugh out loud with their family

